

# ALF Catering – Menus for Bure Valley School

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken wrap with dip	Beef bolognese	Sausage and mash	Chicken Korma	Fish fingers
Veggie	Quorn fillet wrap with dip	Vegetarian bolognese	Quorn Sausage	Quorn Korma	Veggie goujons
Served With...	Potato wedges and corn on the cob	Pasta, broccoli and garlic bread	Yorkshire pud, seasonal veg and gravy	Steamed Rice, homemade naan and green beans	Chips, peas or beans
Pudding	Oaty Crunch	Apple flapjack	Vanilla Shortbread	Chocolate pudding and chocolate sauce	Dinky donuts

Also available every day each week Jacket Potatoes with cheese / beans / tuna mayo or sandwiches or baguettes – Monday: Tuna or cheese, Tuesday: ham or cheese Wednesday: Egg or Cheese, Thursday: Tuna or cheese, Friday: Ham or cheese

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Homemade pepperoni pizza	BBQ chicken loaded wedges	Roast Chicken	Lasagne	Fish fingers
Option 2	Homemade margherita pizza	BBQ quorn loaded wedges	Cheese and Onion Parcel	Veggie Lasagne	Veggie spring roll
Served With...	Tomato pasta and corn on the cob	Rainbow salad	Stuffing, roast potatoes, seasonal veg gravy	Herby bread and cauliflower	Chips, peas or baked beans
Pudding	Sprinkle Cake	Ice Cream	Chocolate Oatie	Blonde Krispie bar	Chocolate Brownie

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Hot dogs	Pork Meatballs in tomato sauce	Roast Beef	Chicken fajitas	Fish fingers
Veggie	Quorn dogs	Veggie balls	Quorn fillet	Quorn fajitas	Veggie fingers
Served With...	Potato wedges, baked beans	Pasta & garlic bread Cauliflower	Yorkshire pudding. Mash and seasonal veg & gravy	Savoury rice and rainbow salad	Chips, peas or baked beans
Pudding	Berry Muffin	Chocolate cracklets	Jelly and fruit	Pancakes and sauce	Fridge cake

Week One dates: 2<sup>nd</sup> September, 23<sup>rd</sup> September, 14<sup>th</sup> October, 11<sup>h</sup> November, 2<sup>nd</sup> December

Week Two dates: 9<sup>th</sup> September, 30<sup>th</sup> September, 21<sup>st</sup> October, 18<sup>th</sup> November, 9<sup>th</sup> December

Week Three dates: 16<sup>th</sup> September, 7<sup>th</sup> October, 4<sup>th</sup> November, 25<sup>th</sup> November, 16<sup>th</sup> December